ABSTRACT OF THE DISCLOSURE

A dummy bar for a continuous metal casting plant, particularly for a continuous casting plant for preliminary steel sections, includes a one-piece head piece having dimensions corresponding to the dimensions of the mold cross-section and two rows of segments connected to the head piece. The two rows of segments extend parallel to each other in the longitudinal direction of the dummy bar and are spaced apart from each other by the width of the dummy bar. Flexible steel bands are mounted on each row of segments for connecting the segments.